

## Health and Wellness

Phone: (225) 526-1636    Email: [HealthandWellness@franu.edu](mailto:HealthandWellness@franu.edu)

### **General Health Packet Tips:**

- Keep a copy of all pertinent records for yourself, especially any immunization documents and lab reports.
- Read the Health Packet Guide in Soft Docs carefully, it will answer most of your questions.
- Schedule your CPR class early! These tend to fill up quickly.
- Use the printable checklist (found in the Health Packet Guide) to keep track of submitted documents.
- Please make sure all of your documentation has your name and date of birth on it.

### **Health Packet Process:**

Once your health packet is received by Health and Wellness in Soft Docs, it is then reviewed by a nurse and data is entered into the student information system. To review the status of your health compliance, request a Health Summary Report from [HealthandWellness@franu.edu](mailto:HealthandWellness@franu.edu). Monitor your compliance each semester. This is the same compliance information that will be shared with faculty, so accuracy is important. If you see something that doesn't look right, please contact us.

### **Deadlines:**

The deadline to submit all required forms to the Office of Health and Wellness is July 15th for students beginning clinical programs in the fall; December 15th for students beginning clinical programs in the Spring and May 15th for students beginning clinical programs in the Summer. DO NOT wait until the deadline is near to begin working on your health packet! Please start early so that any issues you encounter can be resolved in a timely manner and your health packet will be completed by the deadline.